



Fusion Force Studio Ltd.
101 - 19670 Landmark Way
Langley BC V3A 7Z5
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604.533.1863

2022-2023 COMPANY REQUIREMENTS

Born in 2016-2018

Jazz:

- Clean marches and skips
- Gallop with charge of arms and feet
- Side chasse ball change
- Push turns
- Kicks to waist level or above
- Understanding of a pirouette preparation
- Must be able to show listening skills and follow the direction of the teacher
- Must know right from left

Tap:

- Heel Toe Walks ("crocodile walks")
- Shuffle Step Together
- Paradiddles
- 4 Count Rhythm Response

Born in 2014-2015

Jazz/Lyrical/Musical Theatre:

- Clean skips
- Gallops with change of arms and feet
- Gallop single retire hop and gallop double retire hop
- Chaîne turns
- Pique turns
- Clean single pirouettes, working one double
- Kicks above waist level
- Grand jete
- Knowledge a cheater or switch leap
- Knowledge of all ballet positions (feet and arms)
- Application of turnout to movement
- Splits flat in at least one direction
- Listening skills ability to apply corrections
- Must know right from left

Acro:

Show any 3 or more of the following...

- Forward roll and/or straddle roll
- Bridge (pushing up or from standing)
- Hand stand (legs straight)
- Head stand
- Elbow stand
- Chest stand
- Cartwheel (both sides)
- Any other skills that aren't on this list (more tumbling or contortion work)

Tap:

- Flap Heels
- 4 Beat Walking Riff
- Paradiddles
- Pullbacks
- Rhythm Response to the following: 1 2 3 e & a 4

Born in 2011-2013

Jazz/Lyrical/Contemp/Musical Theatre:

- Kicks to shoulder level or above to both the front and side
- Kick combinations including leg holds, side pitches and layouts
- Consecutive chaîne turns
- Clean turned out pique turns, working on doubles
- Pique fouettes
- Clean double pirouettes working on triples
- Front and side jete
- Cheater or switch leap
- Splits flat in at least two directions
- Ability to improv
- Physical strength to perform movements at ease
- Ability to apply verbal corrections right away
- Working on individual style
- Must know right from left

Acro:

Show any 3 or more of the following...

- Forward roll and/or straddle roll
- Bridge (from standing)
- Bridge kickover
- Hand stand (legs straight)
- Head stand
- Elbow stand
- Chest stand
- Cartwheel (both sides)
- One handed cartwheel (both sides)
- Front walkover
- Back walkover
- Any other skills that aren't on this list (more tumbling or contortion work)

Tap:

- 5 Beat Walking Riff
- Cramprolls
- Syncopated Pullbacks
- 4 Beat Ripples
- Rhythm Response to the following:
1 2 3 e & a 4 5 6 _ & 8



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Born in 2008-2010

Jazz/Lyrical/Contemp/Musical Theatre:

- Kick combination including kicks above shoulder level, side pitches, back attitude, develop holds and assisted leg holds
- Combination including chain turns, pique turns, pique fouetté's turns
- Clean triple pirouettes on both the right and left sides
- Jump combinations including jete, side jete and switches
- Jump combination including baryshnikov, turning jete, turning switch leap
- Splits flat in all three directions
- Must display physical strength and stamina
- Must be able to improv with confidence

Acro:

Show any 4 or more of the following...

- Bridge, then bridge sit
- Hand stand (legs straight)
- Hand stand forward roll
- Head stand
- Elbow stand
- Chest stand
- Cartwheel, then one handed cartwheels(both sides)
- Valdez
- Front walkover
- Back walkover
- Front or back walkover variations
- Back handsprings (standing or roundoff prep)
- Back tucks (standing or roundoff prep)
- Any other skills that aren't on this list (more tumbling or contortion work)

Tap:

- Shuffle Drawbacks
- Pullbacks ending with a toe stand OR shown in a square
- Syncopated Wings
- 4 Beat Ripples
- Rhythm Response to the following:
1 2 3 e & a 4 5 & _ & 7 & 8

Born in 2005-2007

Jazz/Lyrical/Contemp/Musical Theatre:

- Kick combination including kicks, develop holds and pitches and leg hold turns
- Combination including chains, double piques, pique fouettés, fouettés, fouettes to second
- Clean triple pirouettes working on quads
- Jump combination including jets, back jete, switches and side jete
- Jump combination including baryshnikov, turning jete, turning switch leap
- Working on over splits in all directions
- Ability to improv with style and confidence
- Must display physical strength and stamina
- Ability to be a positive role model and mentor to younger students

Acro:

Show any 5 or more of the following...

- Bridge, then bridge sit
- Hand stand (legs straight)
- Hand stand, forward roll
- Handstand walking
- Head stand
- Elbow stand
- Chest stand
- Cartwheel, then one handed cartwheels (both sides)
- Valdez
- Front walkover
- Back walkover
- Front or back walkover variations
- Back handsprings (standing or roundoff prep)
- Back tucks (standing or roundoff prep)
- Any other skills that aren't on this list (more tumbling or contortion work)

Tap:

- Cramprolles
- Pullbacks shown in a square, to the front, or with 6 beats
- Dancer's Choice of a Trick (can include wings, ripples, shiggy bops, drive riffs, etc)
- Rhythm Response to the following: 1 2 3 e & a 4 5 & _ & 7 & 8 & 1 & 2 _ & 4 5 & a 6 & a 7 & a 8