



2023-2024 REGISTRATION PACKAGE

# CLASS INFORMATION



## MINI MOVERS

*Starting at the age of 2 this is a great program for littles to learn movement and musicality. The daytime program runs for 8 weeks and is a separate registration. It requires NO additional fees.*



## KINDER PROGRAMS

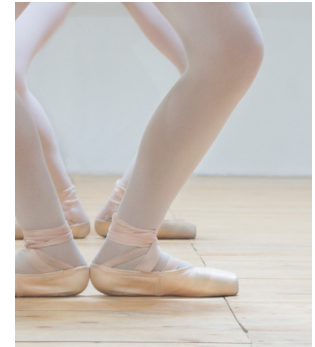
*A great introduction to dance for the younger students. These classes include fun games and exercises to assist students with their memory, mobility, flexibility and musicality.*

*These classes should be independent from parents and include dance, tap & acro.*



## ROYAL ACADEMY OF DANCE BASED BALLET

*This discipline teaches posture, proper arm and foot positions, turn out and general technique. Ballet classes do not compete. We hold in house exams for every class. We do not host RAD traditional exams.*



## POINTE

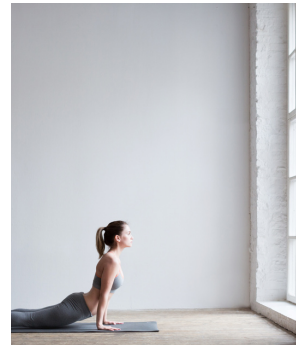
*On toe shoes, pointe and intro-pointe classes are offered for aspiring ballerinas.*



## OPEN BALLET TECH CLASSES

*These Classes help to stretch and strengthen the dancers.*

*Open exercises including Progressive Ballet Technique allow the students to focus on an evolving ballet vocabulary.*



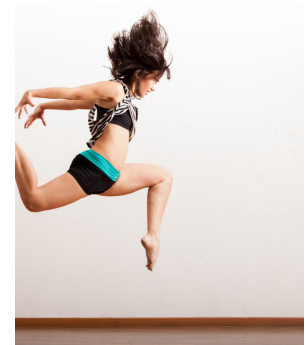
## COMPANY TRAINING CLASSES

*A mandatory class where students can work on building their core, stamina, stretch, strengthen & injury prevention. Students must bring their own yoga mat.*



## JAZZ DANCE

*A fast paced, energized class with popular music. It includes stretching, strengthening, across the floor exercises & choreography.*



## JAZZ TECHNIQUE

*A class that includes stretch and strengthen as well as turns and progressions. A mandatory class for company students to work on and maintain their level of technique.*



## LYRICAL

*A slower placed class using popular ballads for music. Stretching and technique work is a part of this free and expressive style of movement.*



## HIP HOP

*A fast paced funky class focusing on warm up, movement and routines filled with the latest popular dance steps and music*



## MODERN/CONTEMPORARY

*An evolving style of ballet-based movement that is initiated from an emotional standpoint.*



## STAGE/MUSICAL THEATRE

*A class where acting and basic dance steps come together. This class is perfect for dancers who love to be on stage and want to put more animation and emotion in their face and dance*



#### ACRO

*A variety of gym tricks  
(cartwheels, walkovers, etc)  
Incorporated with a variety of  
dance disciplines.*



#### TAP

*Rhythm, style and technique  
come together in this style of  
dance where your feet make  
the noise.*



#### MOVEMENT

*\*\*\*\*NEW\*\*\*\**

*A class filled with  
combinations in multiple  
disciplines, the study and  
execution of improvisation and  
a variety of technical training.*

### RECREATIONAL PROGRAM

*Recreational Classes are for dancers who simply enjoy the art form and passion for dance. They perform twice a year, first is our Winter Performance in December and then our big Year End Recital in June. Students learn stretches, exercises, progressions, combinations of choreography and a full routine. Students learn self confidence in a positive and informative atmosphere.*

### COMPETITIVE PROGRAM

*This program is amazing for students looking to compete at a competition without all the commitment of a company program. The style is available for jazz in all ages and lyrical in the 10+ age division. Students will participate in both the recreational class and the following competitive class where they will work on their routine.*

*Students will participate in one local competition and our Preview Show.*

*No Company Fees apply to these classes.*

### COMPANY PROGRAM

*Fusion Force Competitive Company is a program for dedicated dance students who are looking for the challenge of being part of the competitive dance world. This program is by audition only, and requires commitment from all students involved. Please check the audition schedule and requirements for each individual class. Being part of a dance company is a lot of fun with many rewards. You are part of a team and you must be prepared to attend every class and rehearsal. Company students are not to miss more than three classes per discipline per year. All classes missed must be made up at the teachers discretion. Please take into consideration extra expenses such as competition entry fees, costuming and travel expenses.*